



For Immediate Release

Contact:

Martha Moriarty
Resource Development Director
952.922.8374 x104
mm@ldaminnesota.org

**LEARNING DISABILITIES ASSOCIATION OF MINNESOTA
RELEASES WEB PAGE ON BRAIN**

**Web page helps those with learning disabilities and
learning difficulties discover how they learn**

MINNEAPOLIS, [July 24, 2003] — **Learning Disabilities Association of Minnesota** has recently posted a new feature on their web site, “Learn How You Learn.” The purpose of the information presented on the web page is to inform individuals with learning difficulties and learning disabilities what problems often prevent them from learning efficiently. The information on the site is not meant to diagnose learning disabilities, but to develop an understanding that learning disorders are real, persistent, and chronic conditions that develop from how the brain functions in part and as a whole.

“A lot of research and care has gone into the design of the site,” said Kitty Christiansen, executive director of LDA of Minnesota. “Researchers are just beginning to unlock the mysteries of how the parts of the brain work together in order to learn. It is important to keep in mind, effective learning strategies provide opportunities for “brain exercises” that promote further learning. We are happy to continue to provide the up-to-date information on learning disabilities so that more individuals may success.” To visit the site, go to:

<http://www.ldaminnesota.org> and click on “Learn How You Learn.”

-more-

About LDA of Minnesota

Located in Minneapolis, LDA of Minnesota is the state's leading nonprofit educational agency helping children, youth and adults with learning disabilities and related learning difficulties. For 36 years, LDA has been serving the needs of people of all ages with learning disabilities by maximizing their potential so they may lead more productive and fulfilled lives. Services include diagnostic assessments, one-to-one and small group tutoring, consultations, family literacy activities, school-to-work transition programming, parent and professional training, public education and high-quality educational products. LDA of Minnesota is the state affiliate of LDA of America, a volunteer, parent-driven, membership organization dedicated to information, advocacy, research and education focused on learning disabilities (LD).

###