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**FOR IMMEDIATE RELEASE**  
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**Polar Explorer and Educator, Ann Bancroft, Speaks About Personal Triumph  
over Dyslexia at LDA Minnesota Open House**

Golden Valley, MN – LDA Minnesota (formerly Learning Disabilities Association) celebrates its new permanent home in Golden Valley at an Open House on Tuesday, June 2, from 4-7 pm. Ann Bancroft, well-known polar explorer and educator, will speak candidly about her struggle with dyslexia (a learning disability involving reading).

“My dyslexia was diagnosed in seventh grade. Today I feel both lucky and proud—something I couldn’t say as a child. As a person with a learning difference, I feel passionately about helping others. So does LDA Minnesota.” – Ann Bancroft.

Too often, individuals with learning differences suffer in silence and struggle throughout their lives in school and work. A learning disability can affect personal relationships and self-esteem because individuals may feel embarrassed or not understand why they learn differently. LDA Minnesota provides a safe and confidential environment to help individuals of all ages become aware of their learning style and how to overcome barriers, so they can become successful learners in school, work, and life.

Not everyone learns in the same way—but everyone can learn given the correct diagnosis and appropriate interventions. “I would have been sunk without LDA,” says former client and current board member, Keith Swanson.

LDA Minnesota is a 42-year-old 501(c)(3) non-profit agency providing services for individuals of all ages with learning difficulties (particularly learning disabilities and ADHD), including psycho-educational assessments to determine the presence of learning disabilities and other learning difficulties such as ADHD (Attention-Deficit/Hyperactivity Disorder). In addition, LDA offers 1:1 tutoring, transition coaching, workshops and support groups for parents and adults, including professionals. The agency partners with more than 15 metro-area elementary schools to close the achievement gap for struggling young readers so that they become proficient in reading by third grade. LDA also offers summer school for elementary-aged children who need to hone their reading or math skills and discover new strategies to achieve academic success.

For more information about LDA, please visit [www.ldaminnesota.org](http://www.ldaminnesota.org), or contact Amanda 952.582.6021 / [aw@ldaminnesota.org](mailto:aw@ldaminnesota.org).

*The mission of LDA Minnesota is to help children, youth, and adults with learning difficulties learn successfully, dream of possibilities, and achieve their goals.*

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