

LDA Minnesota (formerly Learning Disabilities Association, Inc.)
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Mission:

The mission of LDA Minnesota is to help children, youth, and adults with learning difficulties *learn* successfully, *dream* of possibilities, and *achieve* their goals.

Background:

Since 1967, LDA has helped people of all ages with learning disabilities and other learning difficulties, including Attention-deficit/Hyperactivity Disorder (ADHD). The cornerstone of our long success has been our dedication to using research-based, best practices matched with caring, personalized services.

LDA Goals:

Focus on five outcome areas:

1. Provide academic success for at-risk learners
2. Train educators to improve teaching and learning
3. Empower youth to become self-sufficient adults through transition services
4. Strengthen families and communities to support individuals with learning disabilities and attention deficits
5. Help individuals understand how they learn and strategies to improve their learning

Programs & Services

LDA provides the following programs to achieve these outcomes:

- Learning Connections Intensive Reading Instruction for Grades K-4
- Parents-as-Partners (parent education and support)
- Early Literacy for pre-school ages
- Transition Services and coaching for young adults with LD and/or ADHD ages 14 +
- Free ADHD Phone Information Line
- Attention Deficits Workshops and Support Groups
- Assessment and Consultation Services
- Educational Capacity Building and Public Education

Whom We Serve:

Many of LDA's services are offered free to the community; approximately 80% of individuals LDA serves are economically disadvantaged.

What is a learning disability?

A learning disability is a lifelong neurobiological disorder that causes a person to have trouble storing, processing, and/or producing information. Often, a person with a learning disability has difficulty listening, speaking, reading, writing, spelling, reasoning, recalling, or organizing information. ADHD is a neurobiological disorder in which a person typically has developmentally inappropriate levels of inattention, hyperactivity, impulsivity, working memory, and/or executive function problems.

FACTS:

- 1 out of every 7 people in the U.S. has some form of Learning Disability (LD).
- 6% to 10% of Americans have ADHD.
- 30 % of those with ADHD also have LD.
- Over 8 million adult Americans, or 4.3% of working-age adults, struggle with ADHD on the job

Staff and Board:

A 13-member Board of Directors and 4 Advisory Boards representing the education, medical, legal, and business communities in the Twin Cities metropolitan area guide LDA of Minnesota. 28 full-time and 6 part-time professional staff implement LDA's programs and services.